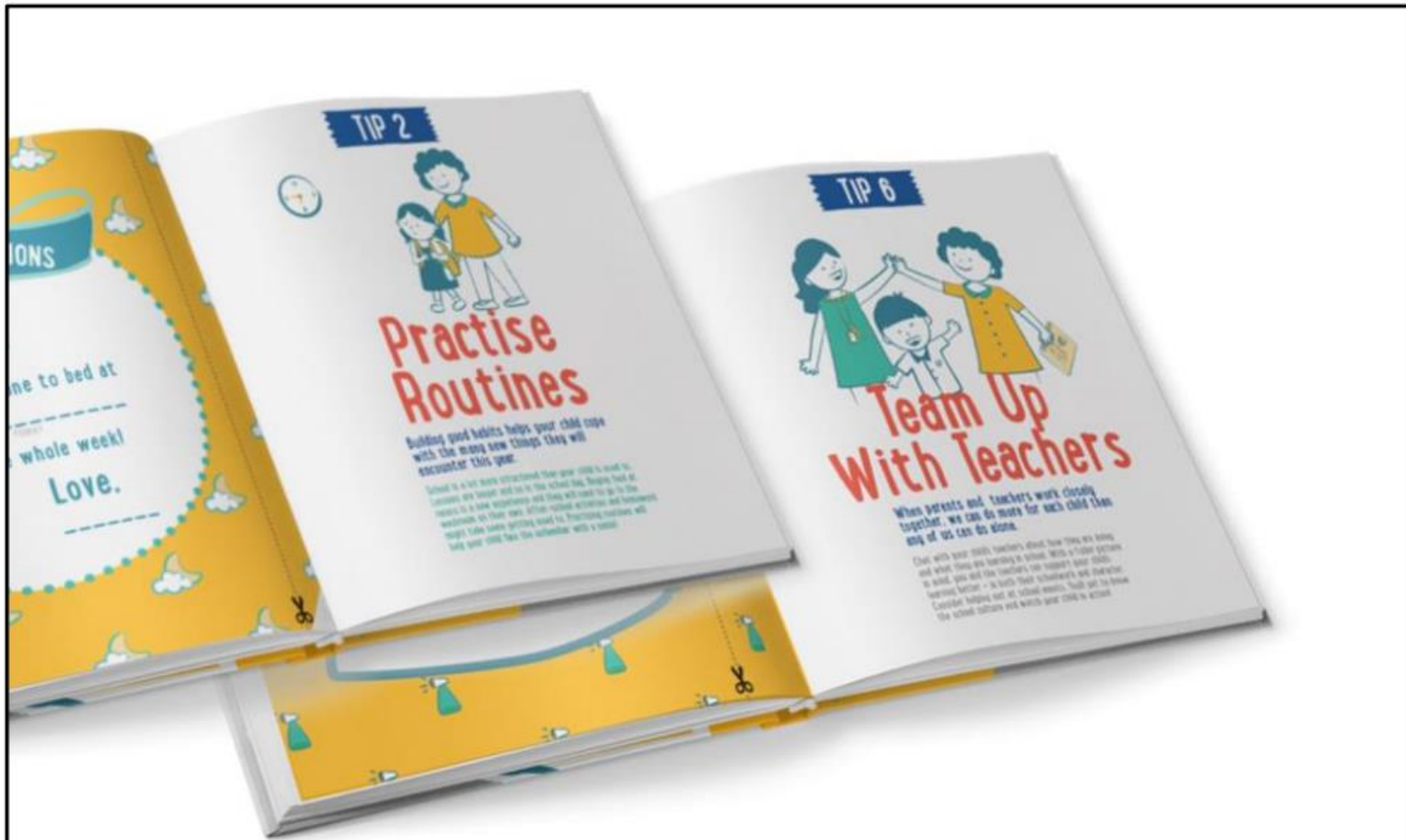


FOR YOU & YOUR CHILD

# PARENT-CHILD ACTIVITY BOOK

Tips & Activities for a Great Start to Primary School

# What's inside?



## TIPS FOR PARENTS

10 tips to help you navigate your child's first year in primary school

# *10 Tips to help your child assimilate into a Primary School*

1. **Get ready for school** – how to prepare well at home before going to school (e.g. things to do the night before)
2. **Practise routines** – help your child practise new routines that they will use in school (e.g. travelling to school, what to do when your child comes home)
3. **New places, new faces** – help your child get used to managing unfamiliar situations (e.g. making new friends, getting used to their classroom)
4. **We can do this, together** – encourage your child in different ways (e.g. celebrate their learning, create a comfortable work space at home)
5. **Be a great role model** – share with them the values that are important to you (e.g. do an act of service together, highlight positive values in family members)

# *10 Tips to help your child assimilate into a Primary School*

- 6. Team up with teachers** – work closely with teachers to help your child learn better (e.g. visit the school if you can, chat with your child about what being a “good” student means)
- 7. Let’s help out at home** – encourage your child to help out with household chores (e.g. create a poster to remind family members, teach them to do simple tasks)
- 8. Time to let go** – allow your child to make mistakes and learn from them (e.g. let them try to do things on their own, teach them how to ask for help)
- 9. Show interest in your child** – find out about what they’re doing and how they’re feeling (e.g. ask them how they feel about their day, what they do with friends)
- 10. Every child is unique** – work with teachers to find out your child’s strengths and interests (e.g. talk with them about what they’re good at, ask them what they like and dislike)



HAVE FUN  
WITH YOUR CHILD!

- A resource to support you and your child
- Choose activities that best meet you and your child's needs
- Activities can be done in any order

*We hope this book will help you and your child have a smoother transition into Primary 1.*